

# Westminster Council on Aging

## April 2022 Newsletter

69 West Main Street, P. O. Box 212, Westminster, MA 01473



978-874-7402



THE SENIOR CENTER  
WILL BE CLOSED  
FOR ALL ACTIVITIES ON  
~ **TUESDAY, APRIL 26** ~  
FACILITY BEING USED FOR  
ANNUAL TOWN ELECTIONS



### Welcome Spring

WHAT BETTER WAY TO WELCOME IN THE SPRING?  
JOIN US FOR A DELICIOUS

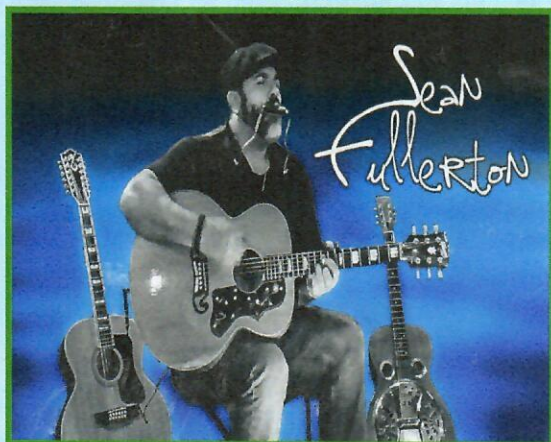
## SPRINGTIME LUNCHEON!

WEDNESDAY, APRIL 20 ~ 12:30 PM ~ WESTMINSTER SENIOR CENTER

ENJOY FOOD, FUN, & FRIENDSHIP! BRING A FRIEND & INTRODUCE THEM TO THE SENIOR CENTER!  
PLEASE BRING YOUR FAVORITE SPRINGTIME DISH TO SHARE. VEGGIE PLATES, COLD DISHES,  
FINGER FOODS, SALADS, CHEESES, & LIGHT DESSERTS WELCOME.

KINDLY RSVP 978-874-7402 BY APRIL 15. PLEASE LEAVE YOUR NAME, PHONE NUMBER,  
& TYPE OF DISH YOU WILL BE BRINGING. LOOKING FORWARD TO SEEING YOU!

seanfullertonmusic.net



*The Westminster Senior Center  
Proudly Presents*

## Sean Fullerton

*Musician, Singer/Songwriter  
Specializing in "Feel Good" Blues,  
Soul, & Rock 'n Roll*

**Wednesday, April 13 / 10:00-11:00 am**



*This program is sponsored by a grant from the Westminster Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.*



## Elizabeth Kalmansson, Attorney at Law

Elder Law | Wills | Trusts | MassHealth Planning & Applications

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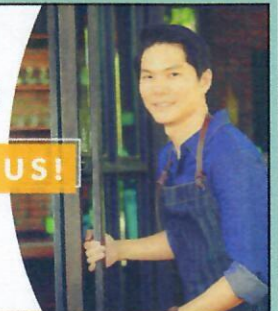


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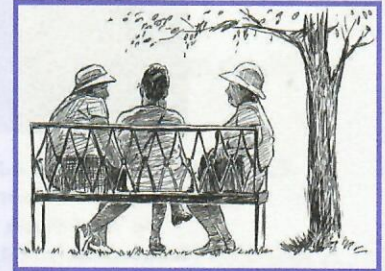
JOIN PATTI of THE GABLES ASSISTED LIVING FOR BINGO & DESSERTS!  
FRIDAY, APRIL 8 ~ 1:00-2:00 PM ~ WESTMINSTER SENIOR CENTER



The Westminster Council on Aging Board Meeting will be held Tuesday, April 12, 12:00 pm at the Westminster Senior Center. This meeting is open to the public. All are welcome to attend.

## The Friendship Club

Wednesday, April 6 ~ 1:00 pm  
Westminster Senior Center



*Friends, familiar & new, are welcome to join us  
as we enjoy our fun one-pound auction!  
Please bring a new, wrapped or bagged item  
weighing approximately one pound to participate.  
Hope to see you soon!*



## WE SUPPORT OUR VETERANS!

It is important that those who served our Country have the opportunity to meet with other retired military Veterans to share your experiences, make new connections, make new friends, and enjoy a morning out!

**THE RYAN PATRICK JONES HEART OF A HERO FOUNDATION** is offering

such a program at the Westminster Senior Center. Beginning Tuesday, April 12, at 10:00 am, we encourage all Veterans to join us for free coffee, donuts, and conversation. Elaine & Kevin Jones, Gold Star Parents of Westminster, will be here to greet you on your first visit. Thereafter, every second Tuesday of the month, coffee and donuts will be waiting for you. If you are interested, please call us at the Westminster Senior Center 978-874-7402 to ensure we have plenty of refreshments.

**THANK YOU FOR SERVING OUR COUNTRY! WE HOPE TO SEE YOU SOON!**



## COFFEE WITH THE CHIEFS

Thursday, April 28 / 9:00 - 10:00 am



**Police Chief, Ralph LeBlanc & Fire Chief, Kyle Butterfield**

All are welcome to stop in at the Westminster Senior Center to personally meet with the Chiefs of your Town in a relaxed setting. Enjoy complimentary coffee while taking the opportunity to ask questions, voice concerns, and share community ideas.



TOMMY RULL, SINGER/ENTERTAINER  
will perform his show  
"A Musical Journey Through The Years"  
for the Westminster Senior Center



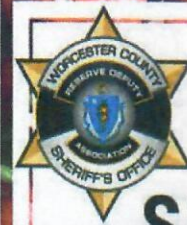
Tuesday, April 19, 11:45 a.m. - 12:45 p.m.  
Westminster Senior Center  
69 West Main St.  
Westminster, MA 01473

Take a walk down memory lane. Enjoy the music of Sinatra,  
Neil Diamond, Kenny Rogers, Paul Anka, Barry Manilow,  
Elvis, Perry Como, Lou Rawls, Engelbert . . . and many more!



"This program is supported in part by a grant from the Westminster Cultural Council,  
a local agency which is supported by the Massachusetts Cultural Council, a state agency."

For a short video of song clips from Tommy's show  
his home page is <http://www.tommyrull.com/>



JOIN US FOR THE

# SHERIFF'S ANNUAL SENIOR PICNIC FREE DRIVE-THRU SPECTACULAR FREE CAR WASH TOO!

SATURDAY 11:00 AM START

JUNE 4, 2022 1:00 PM ENDS

SAC Park 438 Lake St, Shrewsbury, MA 01545

BBQ MEAL • ICE CREAM SUNDAES  
TONS OF GIVE AWAYS  
RAFFLE BONANZA

ABSOLUTELY MUST REGISTER BY MAY 11TH  
TO ATTEND!

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Sorry, No Extra Bags to Go. Must Be Present To Participate.

Sponsored by: Worcester County Reserve Deputy Sheriff's Association



Hosted By Our Friends,

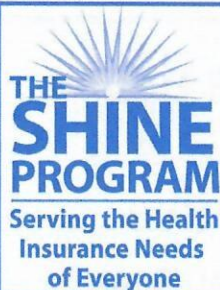
# Humana®

All are welcome to join Brandon Farley of  
Humana for a fun-filled Ice Cream Social!

Tuesday, April 12 ~ 12:00 Noon  
Westminster Senior Center

\*Please RSVP 978-874-7402 by April 5\*





# NEWS FROM SHINE

**NEED HELP WITH THE COST OF PRESCRIPTION MEDICATIONS?  
DID YOU HIT THE "DONUT HOLE"?**

Prescription Advantage is a state-sponsored prescription drug program administered by the Commonwealth of Massachusetts Executive Office of Elder Affairs for seniors and people with disabilities. Joining this program can help with your prescription costs.

Prescription Advantage is available to Massachusetts residents who are:

- Age 65 or older, eligible for Medicare, and have a gross annual household income less \$64,400 for a single person or \$87,100 for a married couple.
- If your annual household income is below \$38,640 for a single person and \$52,260 for a married couple you get Prescription Advantage at **NO COST**.
- 65 years of age or older and not eligible for Medicare, or
- Under age 65, work no more than 40 hours per month, earn no more than the maximum of \$24,214 for a single person or \$32,750 for a married couple.

Individuals with comprehensive MassHealth programs or MassHealth Buy-In programs, also known as Medicare Savings Programs (MSP) are not eligible for Prescription Advantage.

Prescription Advantage members are entitled to a one-time Special Election Period (SEP) each year that allows members to join or switch their Medicare drug plan outside of Medicare's open enrollment period. **THIS WILL HELP IF YOU ARE ERRONOUSLY ENROLLED IN A PLAN OR YOU NEED TO CHANGE YOUR PLAN DURING THE YEAR FOR ANY REASON!**

You may apply for Prescription Advantage online, by phone, or by mail.

To apply online, go to [www.prescriptionadvantagemma.org](http://www.prescriptionadvantagemma.org)

To apply by phone, call 1-800-243-4636 and press 3

To apply by mail, send the completed application and copies of your required documentation to: Prescription Advantage P.O. Box 15153 Worcester, MA 01615-0153 or fax to 508-793-1133

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**SHINE (Serving the Health Insurance Needs of Everyone)** funded through the federal agency, Administration for Community Living and administered through the Massachusetts Executive Office of Elder Affairs. Certified counselors are available to assist you with questions about Medicare. Our services are free and unbiased: we are available to discuss **all options** related to Medicare and additional coverage, and we do not sell any plans.

**TO MAKE YOUR PERSONAL ONE-ON-ONE SHINE APPOINTMENT AT  
THE WESTMINSTER SENIOR CENTER, PLEASE CALL 978-874-7402.**





## SENIOR SINGERS

WEDNESDAY, APRIL 13

1:00—2:00 PM

ALL SKILL LEVELS WELCOME!

JOIN THE FUN!

LET YOUR VOICES BE HEARD!

PLEASE RSVP 978-874-7402

BY APRIL 6

## State Senator Anne Gobi and State Representative Kimberly Ferguson

~ OFFICE HOURS ~

Westminster Senior Center

Tuesday, April 19

10:00-11:00 am



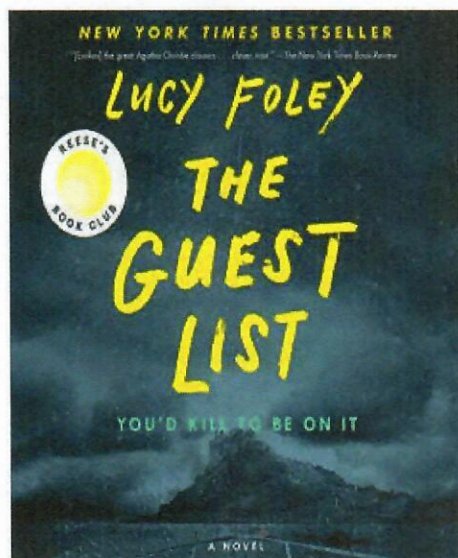
*The Westminster Senior Center Book Club*

*Open to all!*

*Meets Every Month on the first Monday*

*Next Meeting is April 4th at 10:30*

*Come and spend an hour discussing a great current book*



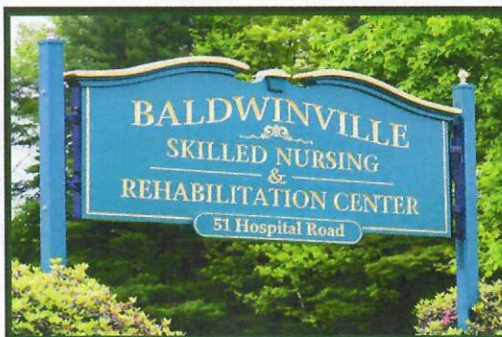
"On an island off the coast of Ireland, guests gather to celebrate two people joining their lives together as one. As the champagne is popped and the festivities begin, resentments and petty jealousies begin to mingle with the reminiscences and well wishes. The groomsmen begin the drinking game from their school days. The bridesmaid not-so-accidentally ruins her dress. The bride's oldest (male) friend gives an uncomfortably caring toast. And then someone turns up dead. Who didn't wish the happy couple well?" From goodreads.com

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**WILL BE PROVIDING  
BINGO GOODIES  
THE FIRST FRIDAY  
OF EVERY MONTH  
ENJOY!**







# ACTIVITIES










Monday

Tuesday

Wednesday

Thursday

Friday

		<b>Wishing You A Happy Easter! Sunday April 17</b>				<b>1</b> 9-11:30 Art 11:30 Lunch 1-3 Bingo 
<b>4</b> 10:30-12 Book Club - (with Barbara Friedman) 11:30 Lunch 1-4 Mah Jong	<b>5</b> 9-11:30 Art 11:30 Lunch 1-3 Bingo	<b>6</b> 9-11:30 Art 11:30 Lunch 12-3:30 Bridge 1-2 Friendship Club 1-3 Book Club - (VOM-Village of the Old Mill) 10:15-11:15 Class at Library Chair & Stand	<b>7</b> 9-11 WOW 9-12 Wood Carving 11:30 Lunch 1-4 Crafts 10:15-11:30 Class at Library Stretch, Strength, & Balance	<b>8</b> 9-11:30 Art 11:30 Lunch 1-3 Bingo		
<b>11</b> 11:30 Lunch 1-4 Mah Jong	<b>12</b> 9-11:30 Art 10:00 Veteran Coffee 11:30 Lunch 12:00 COA Board Mtg 1-3 Bingo	<b>13</b> 9-11:30 Art 9-1 SHINE (by Appt Only) 11:30 Lunch 12-3:30 Bridge 10:15-11:15 Class at Library Chair & Stand	<b>14</b> 9-11 WOW 9-12 Wood Carving 11:30 Lunch 1-4 Crafts 10:15-11:30 Class at Library Stretch, Strength, & Balance	<b>15</b> 9-11:30 Art 11:30 Lunch 1-3 Bingo 		
<b>18</b> <b>CLOSED</b> <b>Patriot's Day</b>  	<b>19</b> 9-11:30 Art 11:30 Lunch 1-3 Bingo	<b>20</b> 9-11:30 Art 11:30 Lunch 12-3:30 Bridge 10:15-11:15 Class at Library Chair & Stand	<b>21</b> 9-11 WOW 9-12 Wood Carving 11:30 Lunch 1-4 Crafts 10:15-11:30 Class at Library Stretch, Strength, & Balance	<b>22</b> 9-11:30 Art 11:30 Lunch 1-3 Bingo 		
<b>25</b> 11:30 Lunch 1-4 Mah Jong	<b>26</b> <b>SENIOR CENTER CLOSED FOR ALL ACTIVITIES</b>  <b>ANNUAL TOWN ELECTIONS</b>	<b>27</b> 9-11:30 Art 11:30 Lunch 12-3:30 Bridge 10:15-11:15 Class at Library Chair & Stand	<b>28</b> 9-10 Coffee w/Chiefs 9-11 WOW 9-12 Wood Carving 11:30 Lunch 1-4 Crafts 10:15-11:30 Class at Library Stretch, Strength, & Balance	<b>29</b> 9-11:30 Art 11:30 Lunch 1-3 Bingo		

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This is your time to live well,  
thrive, grow and belong.

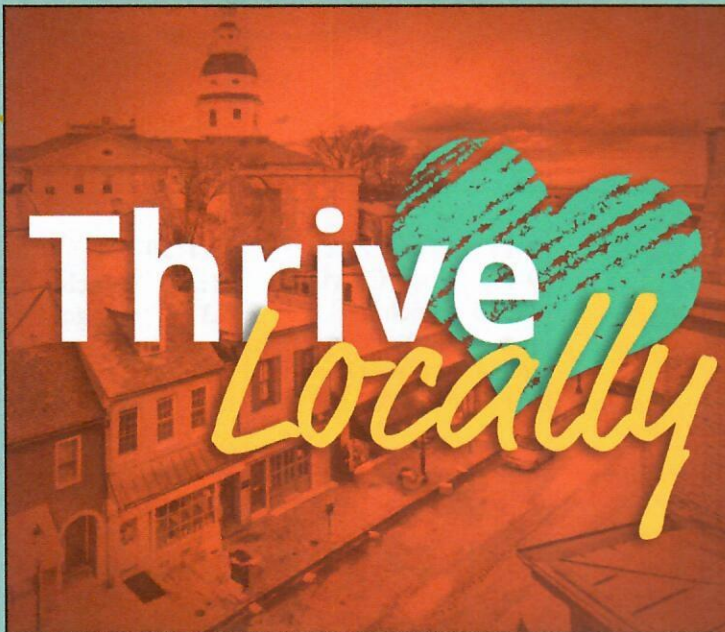
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